

# Medical Oxygen

Integral Valve Cylinders Instructions for Use

Version 0224



# Introduction

# All cylinders supplied by BOC are designed to be as user friendly as possible making access to medical gases simple and straight forward.

# Integral valve cylinders

Cylinders fitted with integral valves were introduced to improve the safety of medical gases administration. There are numerous benefits to this type of cylinder package which include:

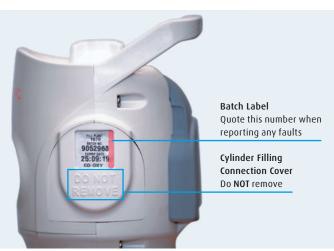
- → Built-in Regulator Eliminating the need to fit a separate regulator before the gas can be administered to the patient
- → Live Content Gauge Shows oxygen contents, even when the cylinder is turned off
- → Residual Pressure Valve Retains a minimal positive pressure in the cylinder to prevent contamination when empty
- → Simple to use Cylinder Valve Handwheel Avoids the need for a separate valve key to operate the valve
- → Easy and Clear Flow Selector Firmly clicks into position to ensure the correct flowrates are delivered

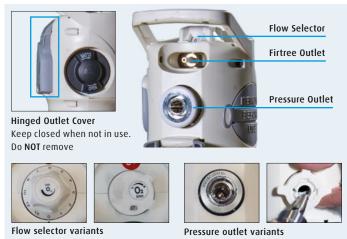
- → Firtree Outlet and Pressure Outlet

  The valve outlets replicate the connections used in both hospital and ambulance settings for easy transfer of patients
- → Integrated Carrying Handle Ergonomically designed to make the cylinder easier to carry
- → Clear Product Labelling Provides essential information and simplified instructions about the product and how to operate the valve correctly
- → Cylinder Valve Handwheel Cover Acts as a tamper evident device to demonstrate the cylinder has not been used and is safe for patient use
- → Hinged Outlet Cover This ensures that the firtree and pressure outlets remain clean and uncontaminated when not in use









# Golden Rules

Oxygen is a safe product and essential for life – it is one of the most commonly used medicinal products and is administered safely to thousands of patients every day. Although there are potential hazards associated with administering oxygen, provided you follow the basic instructions provided it is very safe.

There are five 'Golden Rules' that you should follow to ensure everyone's safety, detailed below:

### 1. Training

Ensure you are formally trained in both the handling of medical oxygen cylinders and the correct way to operate the medical oxygen cylinder you have selected to use for patient treatment.

Although oxygen is a very safe product to use, it is important to remember that it is a strong oxidising gas and will allow things that don't normally ignite in air, to burn violently in its presence. Understanding the potential hazards when using medical oxygen and the ways to avoid them occurring is a very important part of your training requirement. Training should cover the basic requirements for both storing and using the cylinders, including the specific operating procedures that should be used for each type of cylinder package.

The Instruction for Use covers the correct procedures for medical oxygen cylinders fitted with an integral regulator.

There are similar documents about how to use other types of cylinders available on the website.

### 2. Oxygen safety

Never permit smoking or use oxygen cylinders near naked flames or other sources of ignition.

Although oxygen is a non-flammable gas, its presence will strongly support combustion, and things that do not normally burn in air may burn violently in oxygen.

It is important to note that when oxygen is used in the vicinity of adsorbent material the material can become oxygen enriched during administration. The patient's clothing and bedding is likely to become enriched, making it important to not permit smoking near the patient or to use your oxygen cylinder near naked flames or other sources of ignition, as these conditions will increase the risk of a fire occurring.

The oxygen released when treating the patient will disperse very quickly, but material, such as clothing and bedding can adsorb the oxygen, making them more likely to ignite.

# 3. Setting up the cylinder

Having sufficient gas to administer to the patient is essential.

When selecting a cylinder for use it is important to:

- → Check the selected cylinder contains the correct gas this can be found on the cylinder collar label and on the cylinder body.
- → Check the small batch label to ensure that the oxygen is within its expiry date. If the expiry date has been exceeded, return the cylinder to the empty store, and select another cylinder.
- → Check the contents gauge to make sure there is enough gas for patient treatment. If the needle is in the red section, consider selecting a new cylinder.
- → If the cylinder has not been previously used, remove the tamper evident cover (cylinder valve handwheel cover) to give access to the cylinder valve handwheel.
- → Follow the set-up procedure to ensure that the cylinder is functioning correctly before administering the gas to the patient.

# 4. Never use oils or grease

Never use oil or grease near an oxygen cylinder or on any oxygen delivery equipment.

It is important to be aware of the need to keep cylinders clean and free of any oils or greases, these can be transferred from your hands, non-approved lubricants should never be used with an oxygen system. As oils and greases can ignite automatically when in the presence of oxygen, ensure your hands and the equipment you are using are kept clean.

# 5. Opening the cylinder valve

Open the cylinder valve handwheel slowly with the outlets facing away from yourself and the patient.

The potential risk of an ignition occurring can increase when the gas temperature increases. Opening a cylinder valve quickly can cause the gas to become hot, which may lead to a fire in the valve, if any contamination is present.

Although incidents occur extremely rarely with medical oxygen cylinders, as opening the cylinder valve handwheel for the first time is when an incident is most likely to occur, it is recommended that you set up the cylinder away from the patient. Ensure that the outlets are pointing away from yourself and the patient when you turn the cylinder on, this helps protect you both from harm should an incident occur.

Following the **Golden Rules** should ensure that nothing goes wrong during patient administration, however should an incident occur having the outlets pointing away from yourself and the patient helps to protect you both from harm.

# Basic Safety Information when Using Medical Oxygen

# Cylinder storage

- ightarrow Store medical oxygen cylinders securely in a safe area.
  - To avoid cylinders falling over and causing injury.
- → Do not store or use medical gas cylinders near naked flames, sources of ignition or combustible materials.
  - These conditions increase the risk of a fire occurring.
- Use appropriate signage to identify the approved storage areas, with separate areas for full and empty cylinders. To ensure staff select the correct cylinder for patient use.
- → Store medical cylinders separately from other non-medical cylinders.
  - To avoid confusion when selecting medical gas cylinders for patient treatment.
- → Storage areas should be well ventilated, kept clean and dry, and preferably undercover.
  - To ensure cylinders are maintained in a suitable condition for patient use.
- → Rotate the cylinder stock, by using the cylinder with the earliest expiry date on the batch label first.
  Ensure cylinders are always used within their expiry date. Cylinders past their expiry date should not be used and returned to BOC.

### Cylinder use

- → When selecting the cylinder for use.
  - Check that the cylinder is clean and not damaged. Ensure the cylinder, particularly the firtree outlet and pressure outlet, are not contaminated with oils or grease such as those used in hand creams.
- → Before handling cylinders ensure your hands are clean.
  - If you have been using alcohol based gel or liquids make sure the alcohol has totally evaporated before use.
- → Set up and test the cylinder before placing near the patient.
  - By setting up the cylinder away from the patient, it ensures the cylinder is functioning correctly before administration Never set up a cylinder on the patients bed.
- → When opening the valve ensure the outlets are facing away from yourself and the patient.
  - The safest way to prepare the cylinder is to slowly open the cylinder valve handwheel with the outlets facing away from you and the patient, should an incident occur.
- → Always use an appropriately designed cylinder support to hold the cylinder whilst in use near the patient.
  - Avoid placing the cylinder on the patients bed when in use. The cylinder support should keep the cylinder upright to prevent it from falling over and causing injury.
- → Always close the cylinder valve handwheel when the cylinder is not in use.
  - Closing the cylinder valve handwheel stops unnecessary losses, which could lead to empty cylinders when oxygen is required.

# General guidance

- → Never remove or de-face batch or collar labels.
  - This ensures the correct information is available to the user to enable them to use the cylinder correctly. Unauthorised labels/tags must not be fitted
- → Do not clean the cylinders with any materials which contain ammonium or chloride compounds.
  - Ammonium and chloride compounds could cause corrosion of the brass valve which may result in problems with medical gas delivery.
- → Do not refill or tamper with the cylinder package.
  - It is important that the cylinder is not contaminated during use as this may cause problems when refilled. Do not remove the white cylinder filling connection cover.

# Setting Up Your Integral Valve Cylinder

Although every medical gas cylinder is rigorously checked before it is delivered, it is good practice, prior to initial use to follow the simple setting up procedure below.

### This will ensure that:

- → you have chosen the correct cylinder and it contains sufficient gas for the patient's immediate treatment.
- → you have followed the appropriate steps in the setup procedure to obtain the prescribed flow from the flow selector or a set pressure from the pressure outlet.
- → the cylinder is functioning correctly.

# Selecting the correct cylinder

- → Check the cylinder contains the correct gas that has been prescribed for the patient.
- → You will find the name of the gas on the collar label and in large letters down the cylinder.
- → Check the batch label to make sure the gas is within its expiry date the date is printed on the batch label located on the guard.
- → For new cylinders, check the tamper evident seal is in place and the contents gauge indicates the cylinder is full.
- → Where cylinder has been previously used, check there is sufficient gas available for the patient if the pointer is in the red section, consider using an alternative cylinder.

# Oxygen

### Preparing the cylinder

- → On initial use, remove the tamper evident seal which covers the cylinder valve handwheel to allow the cylinder valve to be turned on. It has the wording 'REMOVE BEFORE USE'.
- → Open the hinged outlet cover to access the firtree and pressure outlets. Make sure you do not remove the cover, as it must be closed when the valve is not in use to keep the outlets clean.
- → Ensure the integral pressure regulator is empty before opening the cylinder valve handwheel. To do this, turn the flow selector to 5lpm and ensure no gas is flowing from the firtree. If gas continues to flow after 10 seconds, check the cylinder valve handwheel is closed. If the handwheel is closed and gas continues to flow return the flow selector to zero and segregate the cylinder for return to BOC.
- → After the flow stops, return the flow selector to zero before connecting any equipment to the outlets.





# Checking the cylinder before use

- → When turning on the cylinder, always point the outlets away from the patient and yourself. This is a safety requirement in case there is an issue when opening the cylinder valve handwheel.
- → Open the cylinder by slowly turning the cylinder valve handwheel anti-clockwise at least one complete turn.
- → Select 5 lpm via the flow selector and check gas continues to flow for at least 5 seconds. This demonstrates that the cylinder is functioning correctly and can be used to treat the patient.
- → Close the cylinder valve handwheel and when the gas stops flowing, return the flow selector to zero.
- → Connect the equipment to the appropriate valve outlet connection in preparation to start administering gas to the patient.



# Instructions for Use

# Step 1: Selecting the right cylinder



1.1 Check the collar label to ensure you have selected a medical oxygen cylinder.



1.2 Check the expiry date on the batch label.

The oxygen should not be used after this date and the cylinder returned to BOC.



1.3 Check the gauge to confirm the cylinder contents. For new cylinders the needle should be in the green zone.



1.4 To determine there is enough gas in the cylinder check the duration chart for the required flow or use the BOC Remaining Time Estimator app.

If the needle is in the red zone consider selecting a new cylinder.

# Step 2: Preparing the cylinder for use



2.1 If the cylinder valve handwheel cover is in place follow the setting up procedure.

If it is not, continue to step 2.2.



2.2 Having followed the setting up procedure, open the hinged outlet cover. Do not remove the outlet cover as it must be closed after use to keep the outlets clean.



2.3 The cylinder valve handwheel must not be opened until after the equipment is connected. Turn the cylinder valve handwheel clockwise to check it is closed.



2.4 Turn the flow selector to 5lpm and allow any gas in the regulator to vent. Having vented the gas return flow selector to zero.
5lpm allows you to listen for the flow of gas to stop, this may take up to 10 seconds.

# Step 3 (a): Administering gas to the patient via the firetree outlet



3.1 (a) Check the cylinder has been set up, if you are unsure follow the set up procedure. Turn the cylinder so that the outlets are facing away from yourself and the patient before turning on the cylinder.

Keep the cylinder away from the patient until set up has been completed.



3.2 (a) Connect the tubing with the nasal canula or face mask to the firetree outlet. Ensure the tubing is pushed on securely.



3.3 (a) Open the cylinder by slowly turning the cylinder valve handwheel anticlockwise at least one complete turn. Check for leaks which may be indicated by a hissing sound.





3.4 (a) Select the prescribed patient flow rate for the required therapy and fit the administration equipment to the patient.

Ensure that the correct flow rate number is clearly visible in the flow selector window or aligned with the flow indicator arrow.

# Step 3 (b): Administering gas to the patient via the pressure outlet



3.1 (b) Check the cylinder has been set up, if you are unsure follow the set up procedure. Ensure the probe is clean and free from oil and grease before inserting. Push the probe into the pressure outlet firmly, applying moderate force until it clicks securely into position.



3.2 (b) Turn the cylinder so that the outlets are facing away from yourself and the patient before turning on the cylinder. Keep the cylinder away from the patient until set up has been completed.



3.3 (b) Open the cylinder by slowly turning the cylinder valve handwheel anticlockwise at least one complete turn. Check for leaks which may be indicated by a hissing sound.



3.4 (b) Operate the attached medical device to start the patient's therapy.

Step 4: Monitoring during use



4.1 Keep the cylinder upright and facing away from the patient using a suitable cylinder holder. Avoid placing the cylinder on the patient's bed. If there is no alternative option when moving the patient, only place it on the bed after you have followed the setting up procedure.



4.2 Regularly check the patient's clinical condition during therapy. If using a mask make sure that it remains fitted correctly. This will ensure that there are no leaks around the mask and that the patient is receiving the prescribed oxygen flow rate.



**4.3** Use pulse oximetry where appropriate.

If the pulse oximeter indicates a low oxygen saturation, check the cylinder contents, check for flow and that the administration equipment is fitted to the patient correctly. If you can't identify the problem seek advice.



4.4 Check the contents gauge at regular intervals, to ensure there is sufficient oxygen remaining. To determine there is enough oxygen in the cylinder check the duration chart for the required flow or alternatively use the BOC Time Remaining Estimator app.

Step 5: After use



**5.1** After administration to patient is complete, remove mask or nasal cannula or disconnect patient from auxiliary equipment.

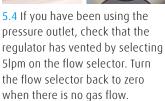


5.2 Close the cylinder by turning the cylinder valve handwheel clockwise until it comes to a stop. Do not use excessive force.



5.3 If you have been using the firtree outlet then remove the tubing by firmly pulling the tube, whilst holding the cylinder handle. When the gas stops flowing turn the flow selector to zero.







5.5 If you have been using the pressure outlet fitted with a capstan, release the probe by rotating the capstan clockwise. If it is difficult to remove, push and slightly twist the probe whilst rotating the capstan.



5.6 If you have been using the pressure outlet fitted with a push ring, release the probe by pushing the outer ring.



5.7 Close the hinged outlet cover to protect the outlets from contamination when the cylinder is not in use and being returned to BOC for refilling.



5.8 Check the remaining cylinder contents using the gauge. If there is sufficient oxygen left for further treatments, return cylinder to designated "in use" store. If the needle is in the red section return to the empty cylinder storage area.

# Oxygen Cylinder Data

### Cylinder data summary

|                                    | Gauge contents     | Full (100%) |        | Half (50%) |        | Low (25%) |        |
|------------------------------------|--------------------|-------------|--------|------------|--------|-----------|--------|
| Size                               | Flowrate (ltr/min) | (hr.min)    | (mins) | (hr.min)   | (mins) | (hr.min)  | (mins) |
| CD oxygen (product code 101-CD)    | 15                 | 0.30        | 30     | 0.15       | 15     | 0.07      | 7      |
| Nominal contents: 460 litres       | 10                 | 0.46        | 46     | 0.23       | 23     | 0.11      | 11     |
| Nominal cylinder pressure: 230 bar | 6                  | 1.16        | 76     | 0.38       | 38     | 0.19      | 19     |
| Water capacity: 2.0 litres         | 4                  | 1.55        | 115    | 0.57       | 57     | 0.28      | 28     |
| Nominal weight: 3.5 kg             | 2                  | 3.50        | 230    | 1.55       | 115    | 0.57      | 57     |
|                                    | 1                  | 7.40        | 460    | 3.50       | 230    | 1.55      | 115    |
| ZD oxygen (product code 101-ZD)    | 15                 | 0.40        | 40     | 0.20       | 20     | 0.10      | 10     |
| Nominal contents: 605 litres       | 10                 | 1.00        | 60     | 0.30       | 30     | 0.15      | 15     |
| Nominal cylinder pressure: 300 bar | 6                  | 1.40        | 100    | 0.50       | 50     | 0.25      | 25     |
| Water capacity: 2.0 litres         | 4                  | 2.30        | 150    | 1.15       | 75     | 0.37      | 37     |
| Nominal weight: 4.1 kg             | 2                  | 5.00        | 300    | 2.30       | 150    | 1.15      | 75     |
|                                    | 1                  | 10.00       | 600    | 5.00       | 300    | 2.30      | 150    |
| HX oxygen (product code 101-HX)    | 15                 | 2.33        | 153    | 1.16       | 76     | 0.38      | 38     |
| Nominal contents: 2300 litres      | 10                 | 3.50        | 230    | 1.55       | 115    | 0.57      | 57     |
| Nominal cylinder pressure: 230 bar | 6                  | 6.20        | 380    | 3.10       | 190    | 1.20      | 80     |
| Water capacity: 10.0 litres        | 4                  | 9.35        | 575    | 4.47       | 287    | 2.23      | 143    |
| Nominal weight: 19.0 kg            | 2                  | 19.10       | 1150   | 9.35       | 575    | 4.47      | 287    |
|                                    | 1                  | 38.00       | 2300   | 19.10      | 1150   | 9.35      | 575    |
| ZX oxygen (product code 101-ZX)    | 15                 | 3.22        | 202    | 1.41       | 101    | 0.50      | 50     |
| Nominal contents: 3040 litres      | 10                 | 5.04        | 304    | 2.32       | 152    | 1.16      | 76     |
| Nominal cylinder pressure: 300 bar | 6                  | 8.22        | 500    | 4.10       | 250    | 2.05      | 125    |
| Water capacity: 10.0 litres        | 4                  | 12.40       | 760    | 6.20       | 380    | 3.10      | 190    |
| Nominal weight: 14.0 kg            | 2                  | 25.20       | 1520   | 12.40      | 760    | 6.20      | 380    |
|                                    | 1                  | 50.12       | 3000   | 25.00      | 1500   | 12.30     | 750    |

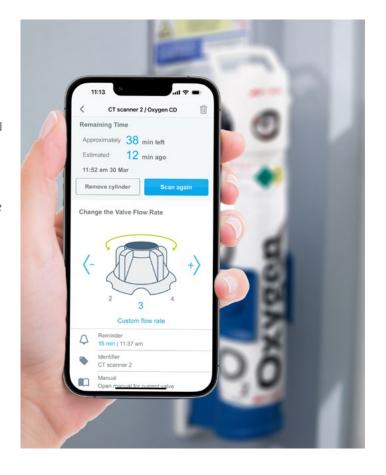
Further information is available on bochealthcare.ie including:

- → Patient Information Leaflet
- → Medical Gas Data Sheet (including Summary of Product Characteristics)
- → Cylinder Data Chart

Further advice and education material about the correct use of integral valved medical oxygen cylinders can be obtained for your staff on our training site boctraining.co.uk

The Remaining Time Estimator app can be downloaded free from the Google Play Store. Search for **Remaining Time Estimator** and select the app with the icon shown here.





# Checking for Leaks

When setting up the cylinder, if you suspect that you have a leak when you turn the cylinder on you should check the system set up carefully, following the instructions below:

# If you are using the firtree outlet:



- Turn off the cylinder by closing the cylinder valve handwheel slowly.
- Allow any gas in the system to vent through the face mask/nasal cannula connected to the tubing.
- 3 Disconnect the tubing and inspect for damage.
- Reconnect the tubing to the firtree outlet and turn on the cylinder valve handwheel slowly. Recheck for leaks.
- If the leak continues and appears to be coming from the cylinder valve, close the cylinder valve handwheel and follow the Complaint Procedure.

If you are using the pressure outlet to connect tubing using a medical oxygen probe:



- Turn off the cylinder by closing the cylinder valve handwheel slowly.
- Turn off the medical device connected to the cylinder.
- Select a flow using the flow selector and wait for any gas to stop flowing out of the firtree outlet.

  Return the flow selector to zero.
- Remove the probe from the pressure outlet and inspect for any wear or damage.
- Reconnect the probe, ensuring it clicks firmly into position and turn on the cylinder valve handwheel slowly. Recheck the probe/tubing for leaks.
- Check the medical device for leaks. If the downstream equipment is leaking, replace as appropriate.
- If the leak continues and appears to be coming from the cylinder valve, close the cylinder valve handwheel and follow the Complaint Procedure.

# Complaint Procedure

Having filled the cylinders, we take great care to ensure that they are working correctly and safe to use.

But if you have a leak you cannot rectify or if you identify there is something else faulty with the cylinder, it is important that you report this immediately to BOC. We will try to help you fix it, but if this is not possible you will need to return it to BOC so we can identify the root cause for the fault.

# Having identified a faulty cylinder, you need to:

- Return the cylinder to the cylinder store, so that it can be securely stored in a designated area for return to BOC.
- Attach a label to the cylinder, indicating the identified fault. Note the cylinder bar code number and the batch details as we will require you to give us this information so we can ensure that the correct cylinder is collected.
- Phone BOC Customer Service on 1890 355 255.

  The Customer Service Agent will ask you for the details about each cylinder under complaint, the bar code and batch details and the identified fault. You will be given a separate complaint reference number for each faulty cylinder.
- When the BOC driver next comes to site, they will request that you identify the complaint cylinder so they can record its collection. A replacement cylinder will be supplied at the same time.
- If you request a report, this will be provided once BOC has completed their investigation.

To assist with reporting complaint cylinders, BOC can provide you with a simple leaflet describing the procedure and some labels to assist with the process. Ask you Customer Service Agent or your Account Manager, if you would like some labels sent to you.



# **Notes**

The latest update includes changes to improve the readability of the document including:

# Page 3

Update to the Golden Rules to highlight the importance and provide additional information.

### Page 4

Update to the basic safety information to remove repeated information covered in the golden rules.

# Page 5

Replace 'Using your integral valve cylinder is as simple as 1, 2, 3' with 'Setting Up Your Integral Valve Cylinder'.

# Page 6

Step 2 follow set up procedure and vent gas from the regulator. Step 3a reference to setting up procedure and simplified steps.

### Page 7

Step 3b reference to setting up procedure and simplified steps. Step 5 clearer instructions to ensure no gas is left in the regulator after use.